

ACT

Human trafficking happens everywhere. No country is immune and many products and services around us rely on exploitation. As **travellers, consumers, migrants** (potential, current and returned) and **Internet users**, there are things we can do to protect ourselves and other people from being trafficked and exploited.



Tips for Travellers and Consumers

Human trafficking exists because of our global demand for cheap goods, cheap labour and cheap services. The choices we make as travellers and consumers can help fuel or fight human trafficking and exploitation.

Call a local hotline or police if you suspect

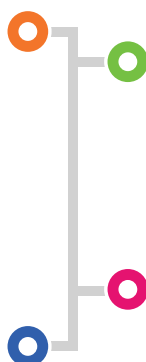


someone may have been trafficked or is being forced to work. You can find some hotline numbers on our **FIND HELP** page. Click **HERE** to learn how to spot the signs of a trafficking victim.

Support businesses that have child protection standards



and practices in place. These can include tour companies and hotels.



Never buy goods from children selling on the street

because giving them money perpetuates child trafficking. Consider instead giving to an organization that supports street children.



Research where the goods you buy come from

and what the working conditions are like for the employees. Even a simple search online for 'company name + exploitation' may turn up some unexpected results.



Tips for Safe Migration

Thinking of moving abroad for work? Make the most of your experience in another country and follow these tips on how to migrate safely:

Take your time

before accepting a job. Visit your local employment or migrant resource centre to discuss the legitimacy of the job. View some options on our **FIND HELP** page.



Get information

about any job you are offered, including the conditions of the work, salary, location and working hours. If the recruiter won't answer your questions then he or she is not someone you should trust.



Get the name of the recruiter

and ask to see his or her identification. Check with the labour department or with an NGO that helps people migrate safely to make sure the recruiter is properly licensed.

Before you sign a contract

make sure you have read and understood it.



IOM X is the International Organization for Migration's (IOM) innovative campaign to encourage safe migration and public action to stop exploitation and human trafficking. The campaign is produced in partnership with the United States Agency for International Development (USAID). Learn more at IOMX.org



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Tips for Safe Migration (Continued)

Memorize a number

of someone that can help you in emergencies and also save it in your phone. View some hotline numbers on our **FIND HELP** page.



Keep identification

with you at all times. Take copies of your identification with you and also leave copies at home with your family or a trusted friend.

Make sure you have enough money

to get you to where you're going and to get back home so you don't need to rely on loans from other people along the way.



Make plans to stay in touch

with your family and friends, and find out who you can contact at your destination for assistance in settling in.



Tips for Online Safety

Although the Internet is a great tool, it is also increasingly used by traffickers to recruit victims. Follow these tips to protect yourself:



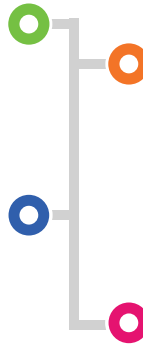
Protect your private information

Never share your password, and only give your phone number and email address to people you trust.



Think before you post

Photos and information you share online may be used by others to trick and cheat you. Be aware of how much you share online.



Don't meet people alone

If you are planning to meet someone in person who you met online, arrange to meet somewhere busy during the day and be sure to take a friend with you.



If you are being harrassed online, you can:



Tell someone you trust and ask them for advice.



Change your password if you think someone has been accessing your email or online accounts.



Use your account settings to block or report people on social media.



Call the police if you are receiving threatening messages and feel in danger.